

# CHECKLIST

## OWNER

Name: \_\_\_\_\_  
Address: \_\_\_\_\_ Postal code: \_\_\_\_\_  
City: \_\_\_\_\_  
Phone: \_\_\_\_\_ Mobile phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_

## VETERINARIAN

Name: \_\_\_\_\_  
Practice: \_\_\_\_\_  
Address: \_\_\_\_\_ Postal code: \_\_\_\_\_  
City: \_\_\_\_\_  
Phone: \_\_\_\_\_ Mobile phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_

## HORSE

Name: \_\_\_\_\_  
Sex:  mare  gelding  stallion  
Age: \_\_\_\_\_  
Breed: \_\_\_\_\_  
Laminitis since: \_\_\_\_\_

First time laminitis, or a new episode of laminitis after the horse was sound without pain relief for at least 14 days: yes/no

Diagnosed by:  veterinarian  hoof care provider  last/other hoof care provider  
 owner  other: \_\_\_\_\_

State of the hooves:

Stance *(for example laminitic stance, all four feet close together)*:

Movement:

Obel:  1  2  3  4

Neck size: \_\_\_\_\_

Weight: \_\_\_\_\_

Method:  weigh bridge  Carrol & Huntington  weight tape

Overweight: yes/no

CNS:  0  1  2  3  4

Bcs:  1  2  3  4  5  6

Underlying diseases:

PPID

EMS

reduced renal and/or liver function

vitamin- and/or mineral deficiency

Lyme disease/piroplasmosis

hyperlipidaemia

other: \_\_\_\_\_

## HISTORY OF THE HORSE

With owner since: \_\_\_\_\_

Has had laminitis before: yes/no

If yes, when: \_\_\_\_\_

Cured: yes/no

Hereditary (*for example breed, bloodline*): yes/no

Stress factors:

## COMPLICATIONS

Abscesses:  LF  RF  LH  RH

Specify (for example *RF coronary band medial*):

Hospitalization necessary: yes/no

Receives treatment: yes/no

Sole perforation:  LF  RF  LH  RH

Hospitalization necessary: yes/no

Receives treatment: yes/no

Coronary band prolapse:  LF  RF  LH  RH

Hospitalization necessary: yes/no

Receives treatment: yes/no

White line disease:  LF  RF  LH  RH

Receives treatment: yes/no

Frog infection:  LF  RF  LH  RH

Receives treatment: yes/no

Sepsis:  LF  RF  LH  RH

Hospitalization necessary: yes/no

Receives treatment: yes/no

## DIAGNOSIS

Add pictures, veterinary reports and research results if possible.

Cause:

Diagnosed by:  veterinarian  hoof care provider  last/other hoof care provider  
 owner  other: \_\_\_\_\_

Description physical examination (*knocking on the hoof wall, hoof testers, walking on a circle or lunging*):

Medical imaging:

- thermography
- radiography
- venography

Short description of the outcome:

Blood tests:

- insulin
- leptin
- glucose (tolerance)
- ACTH
- cortisol

Has PPID and/or EMS/insulin resistance been determined: yes/no

Differential diagnosis:

- sole bruise(s)
- arthritis
- trimming and/or shoeing errors
- other: \_\_\_\_\_

## TREATMENT, PREVENTION

Description treatment:

## CHECKLIST

### Medication:

- antibiotic drugs
- analgesic and anti-inflammatory drugs (NSAIDs: *fentanyl, flunixin, ketoprofen, suxibuzone, firocoxib, fentanyl*)
- nerve blocking drugs
- antihypertensive drugs
- anticoagulant drugs (*heparin, aspirin*)
- vasodilator drugs (*pentoxifylline, acepromazine*)
- antidiabetic drugs (*metformin, pioglitazone*)
- antihistamine drugs
- anti-oxidants (*DMSO, DMG, MSM*)
- botox
- other: \_\_\_\_\_

### Preventive remedies:

- paraffin or vegetable oils
- intestinal cleansing (*activated carbon, Fuller's earth, Hippo-ex-laminitis*)
- probiotics
- buffer solution (*sodium bicarbonate, Equishure*)
- other: \_\_\_\_\_

### Supplements:

- minerals and vitamins
  - magnesium, chromium, vanadium
  - manganese
  - selenium
  - vitamin E
- fatty acids
  - omega-3
  - arginine
- hoof growth promoters
  - methionine
  - sulphur
  - zinc
  - biotin

### Phytotherapeutic remedies:

- IR related (*cinnamon, fenugreek, blond psyllium, turmeric*)
- analgesic, anti-inflammatory (*for example No-Bute*)
- other: \_\_\_\_\_

Hormones:

- thyroid hormones (*for example levothyroxine*)
- dopamine-agonists, serotonin-antagonists (*pergolide, permax, periactin, celance, bromocriptine*)

(Complementary) therapies:

- cold therapy
- acupuncture, acupressure, shiatsu
- massage
- essential oils: \_\_\_\_\_
- phytotherapy: \_\_\_\_\_

Surgery:

- tenotomy, desmotomy
- hoof wall-/coronary band resection
- other: \_\_\_\_\_

Hoof protection:

- none (barefoot)
  - shoes pulled
- when: \_\_\_\_\_

short description transition:

- emergency insoles
  - hoof boots
- brand/type: \_\_\_\_\_
- since: \_\_\_\_\_

how often, what effect:

- fixation
- (since) when:
- sole protection applied

CHECKLIST

Trimming *(short description of trimming method):*

Soil, grass and forage analysis *(outcome and advice):*

Nutrition management *(for example only (soaked) hay and salt lick):*

Changes in living circumstances:

- horse has a companion *(for example other horse, goat, sheep)*
- grazing restrictions
  - horse removed from pasture
  - grazing muzzle
  - strip grazing, pasture rotation, limited pasture access
  - other: \_\_\_\_\_
- paddock paradise
- other: \_\_\_\_\_

## COMMUNICATION AGREEMENTS

When, how and by whom progress will be evaluated (*for example every two weeks, by e-mail, veterinarian in cc*):

Who is allowed to publish pictures and/or information on social media:

## OTHER REMARKS

This checklist can be downloaded from [www.understandinglaminitis.com/checklist.pdf](http://www.understandinglaminitis.com/checklist.pdf)